

**ESTUDIO PROSPECTIVO  
PARA VALORAR LA EFICACIA  
DE UN PROGRAMA DE  
CONTROL DE FACTORES DE  
RIESGO VASCULAR EN  
POBLACION DIABETICA.  
CARACTERISTICAS BASALES**

**DR. MANUEL LADO LOPEZ**

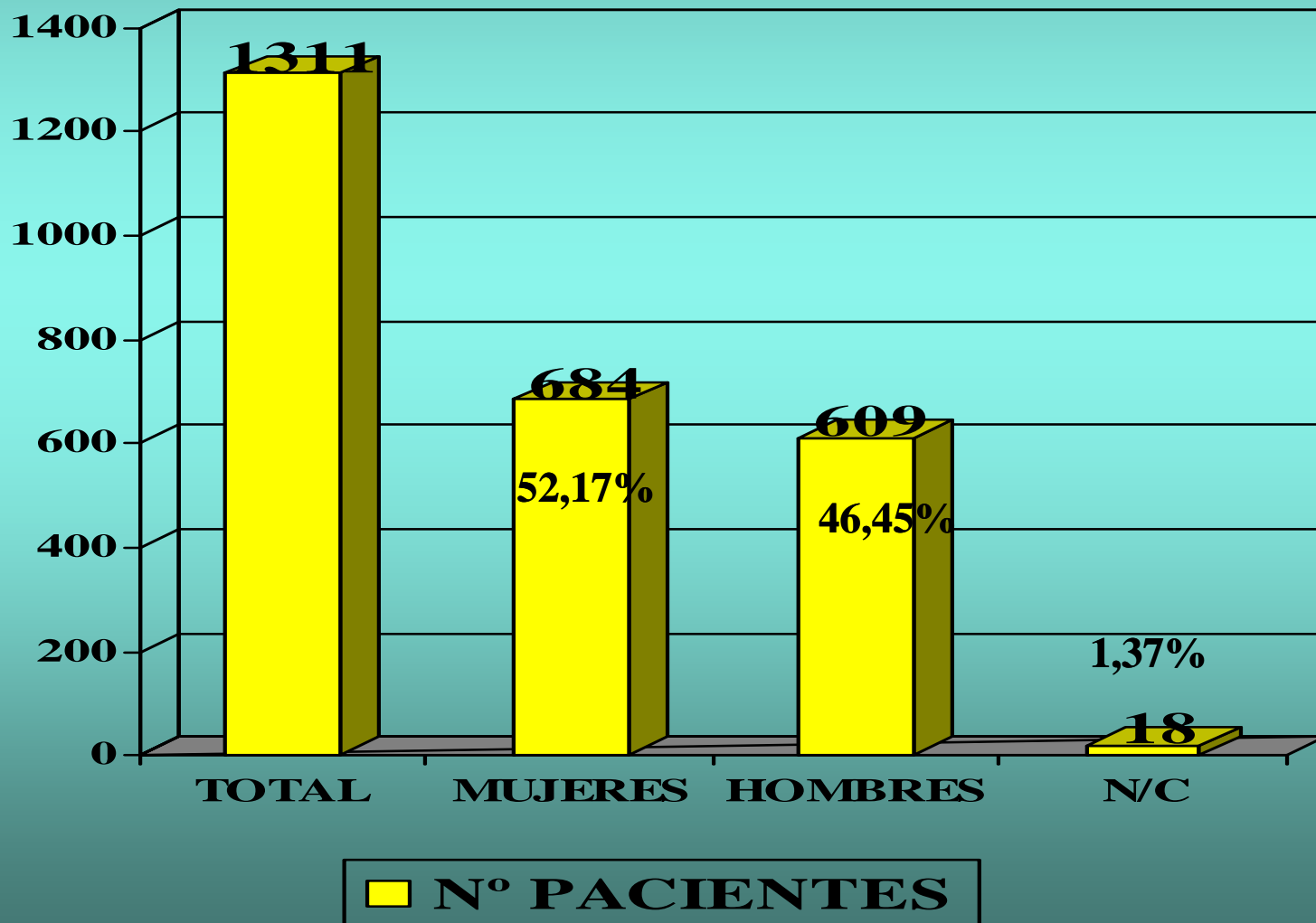
**“GRUPO BARBANZA”**

# GRUPO BARBANZA

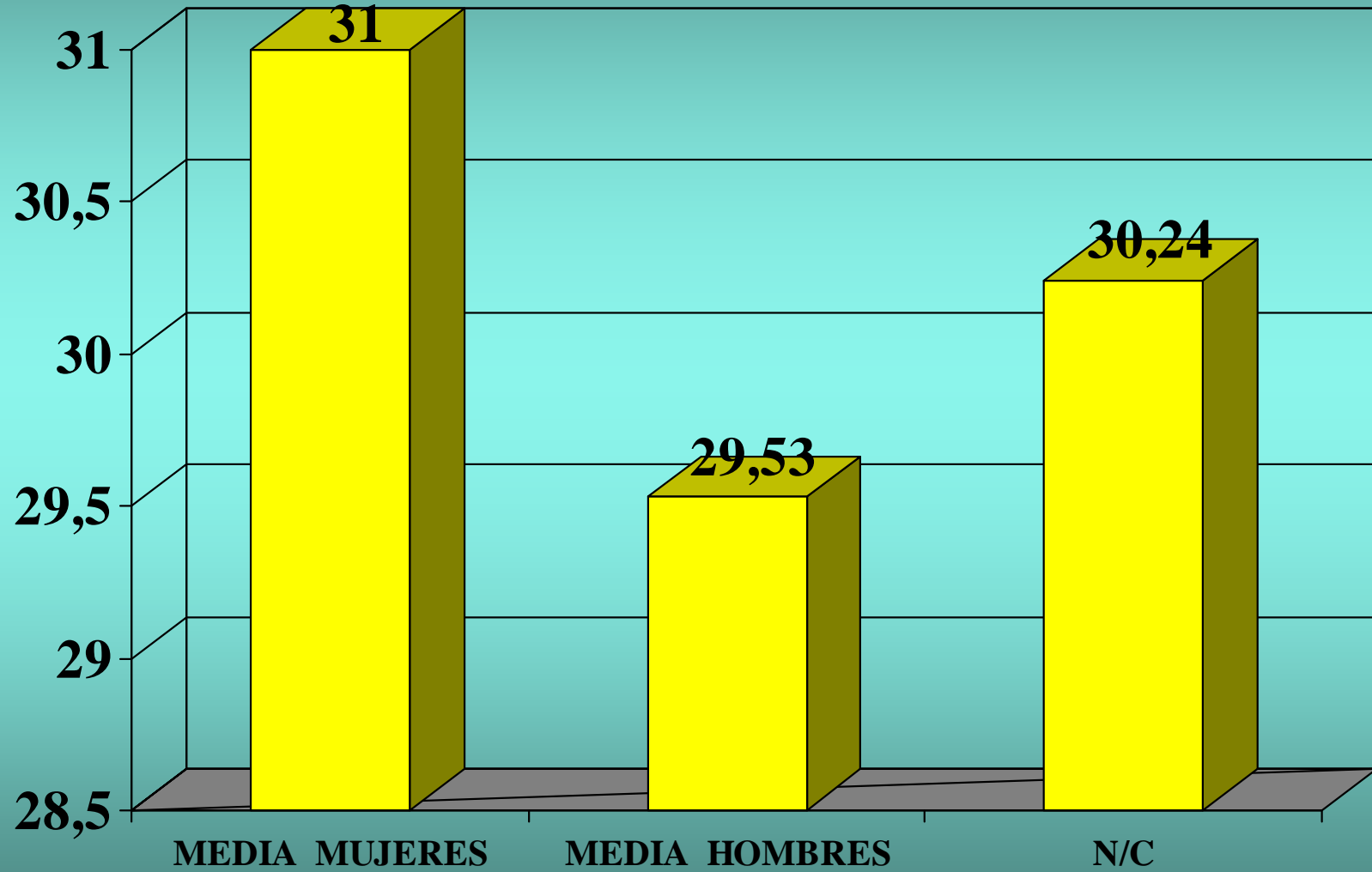
## PACIENTES DIABETICOS

- **OBJETIVOS:**
- **IMC < 25**
- **TA < 130/85**
- **GLUCEMIA B. <125 mg/dl**
- **Hba1c < 7,2%**
- **COLESTEROL T. <200 y LDL < 100**
- **REDUCIR O ELIMINAR LA ALBUMINURIA**
- **HABITOS SALUDABLES**

# MUJERES / HOMBRES

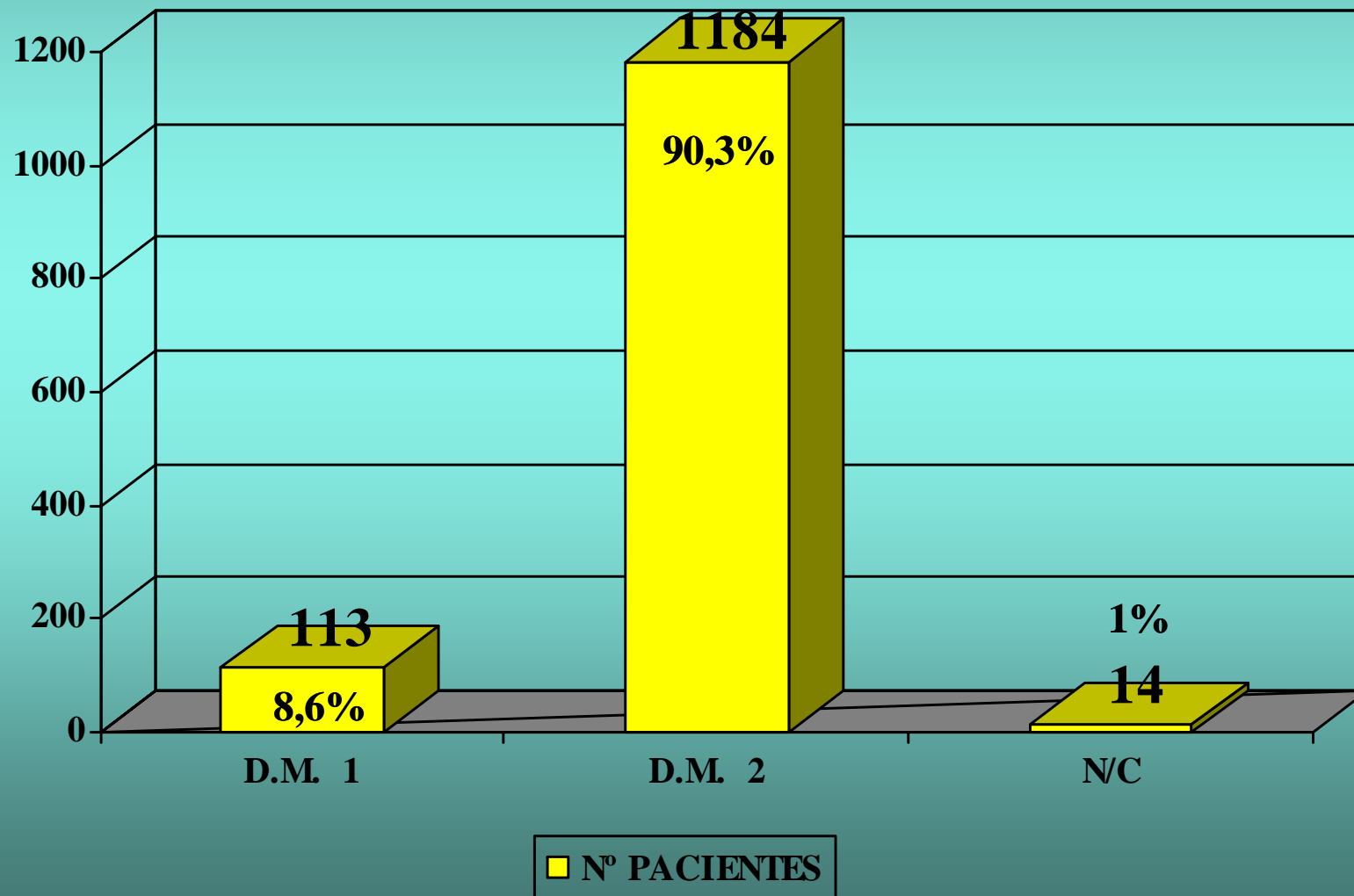


# I.M.C.

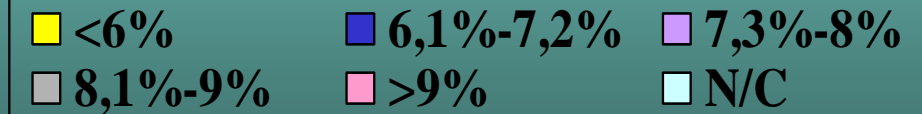
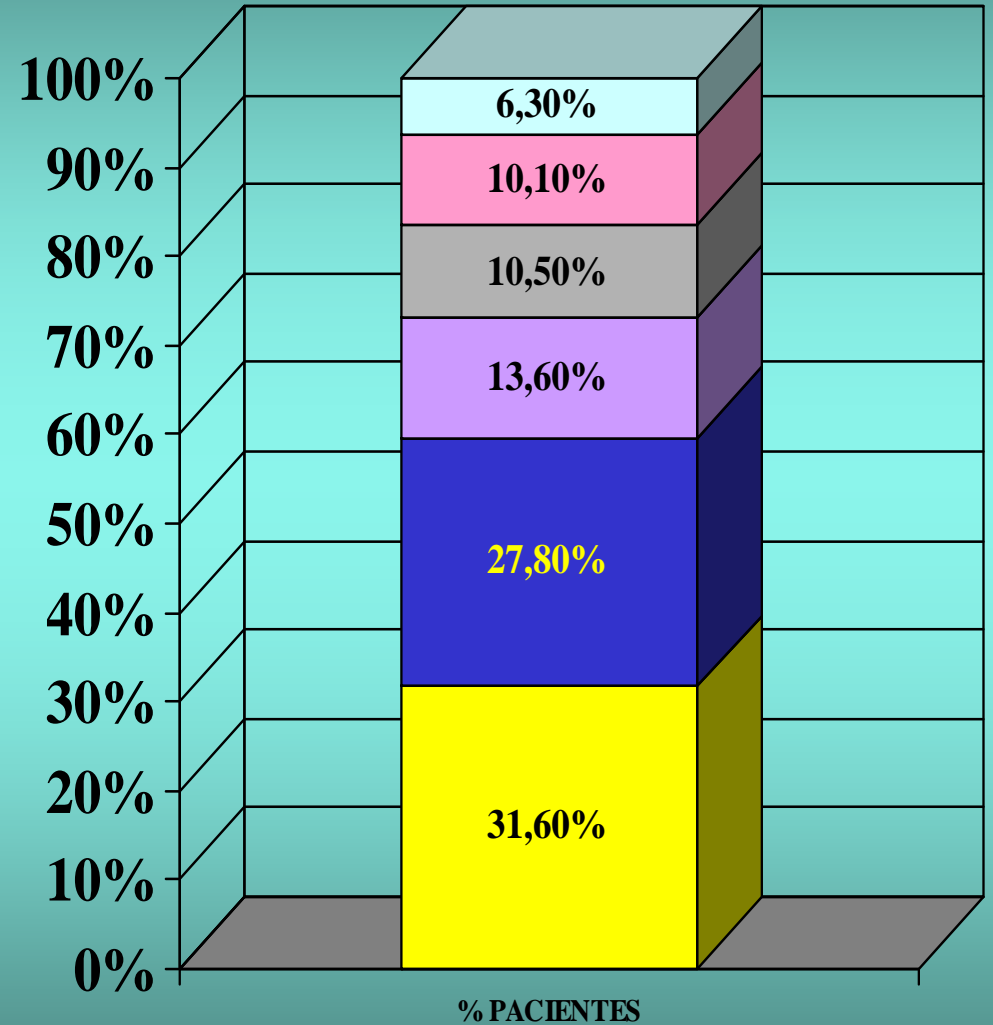
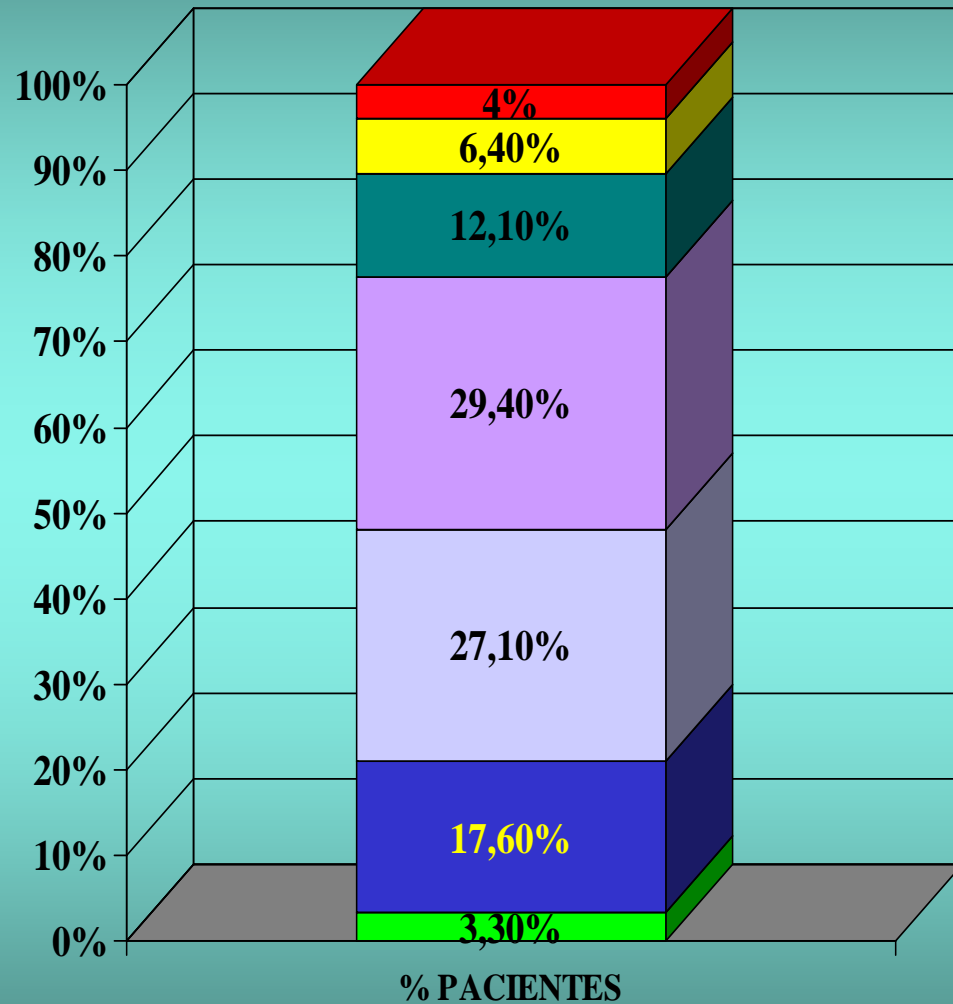


■ I.M.C.

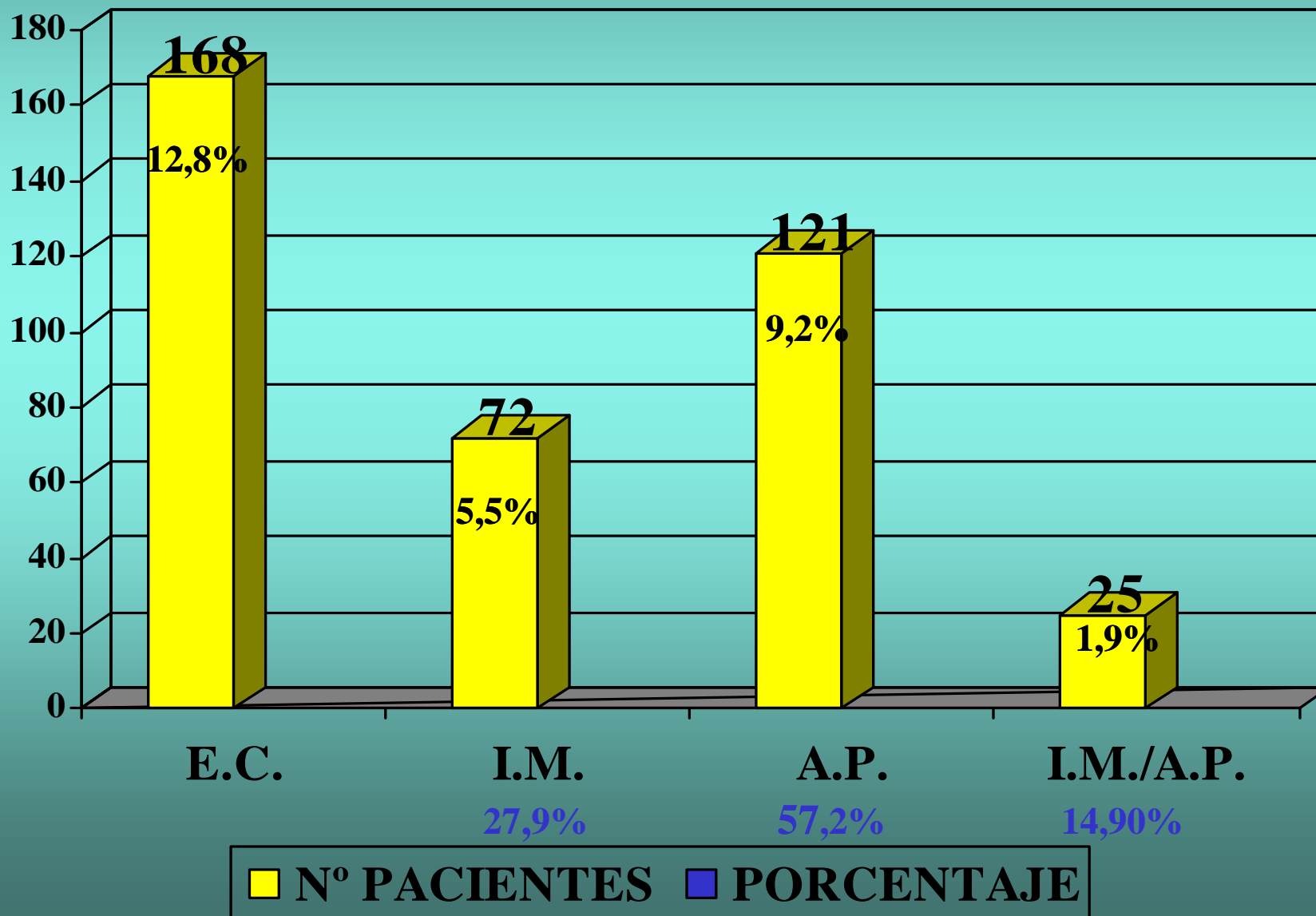
# DIABETES



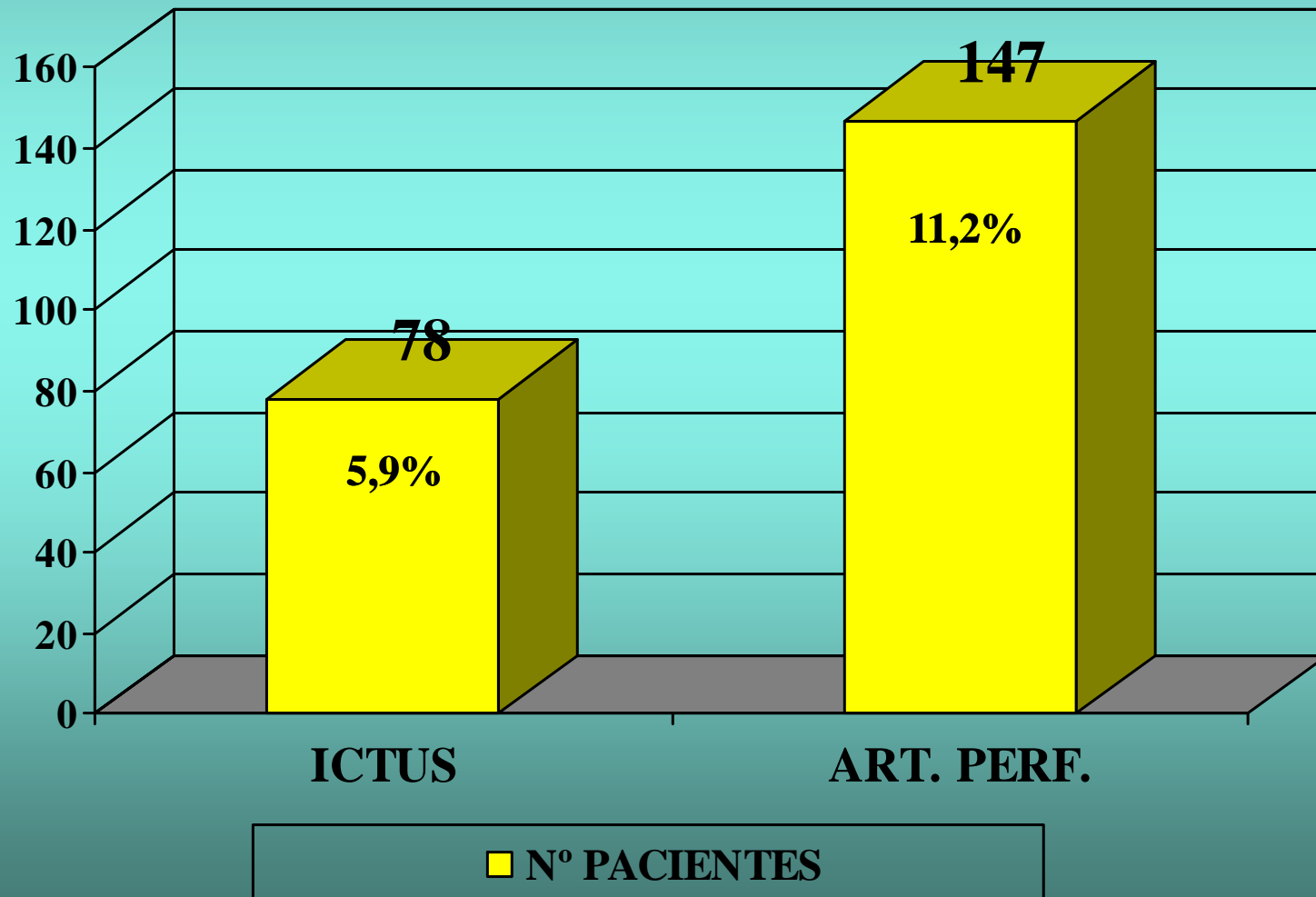
# GLUCEMIA/ Hba1c



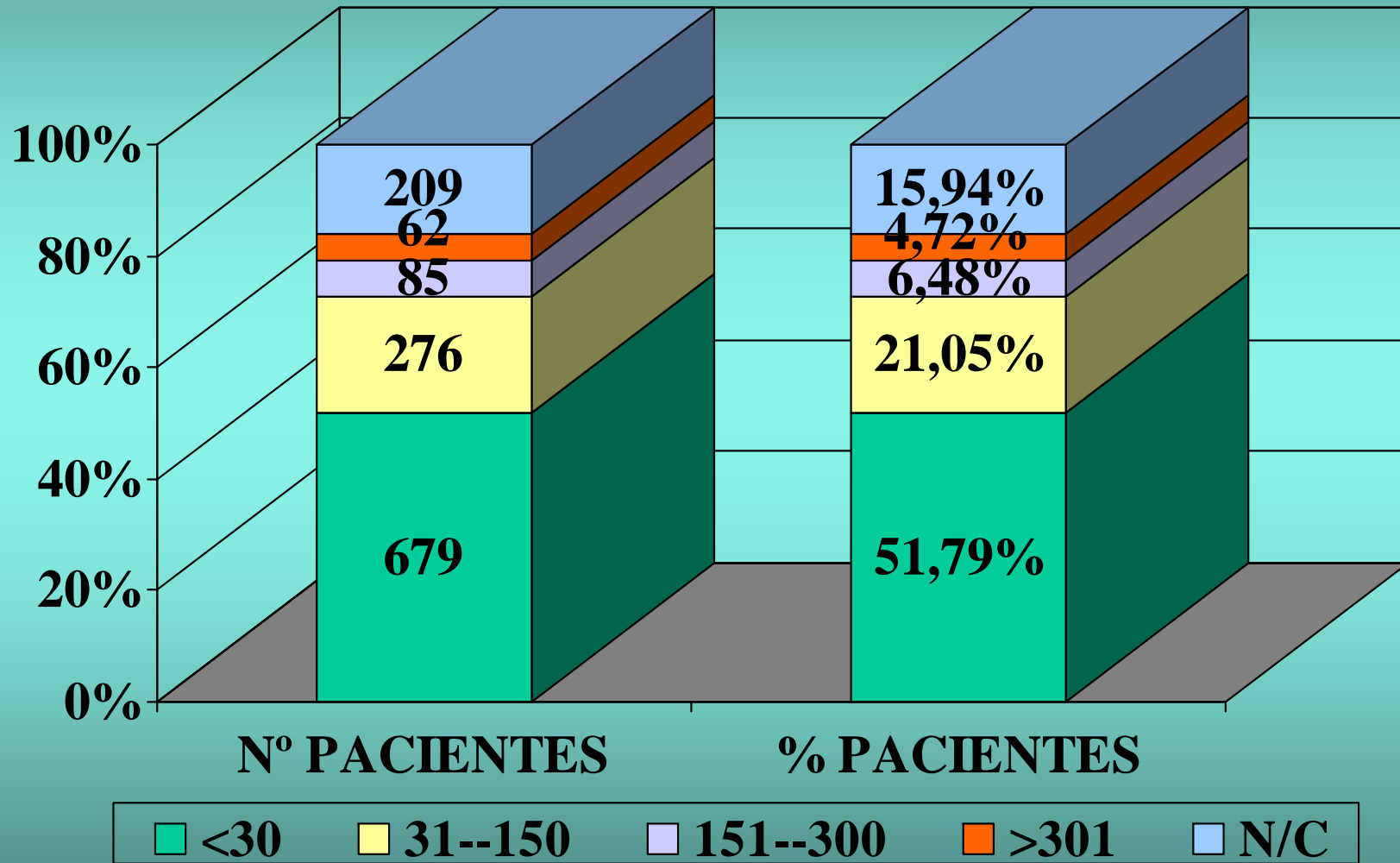
# ENFERMEDAD CORONARIA



# ICTUS / ART. PERIFERICA

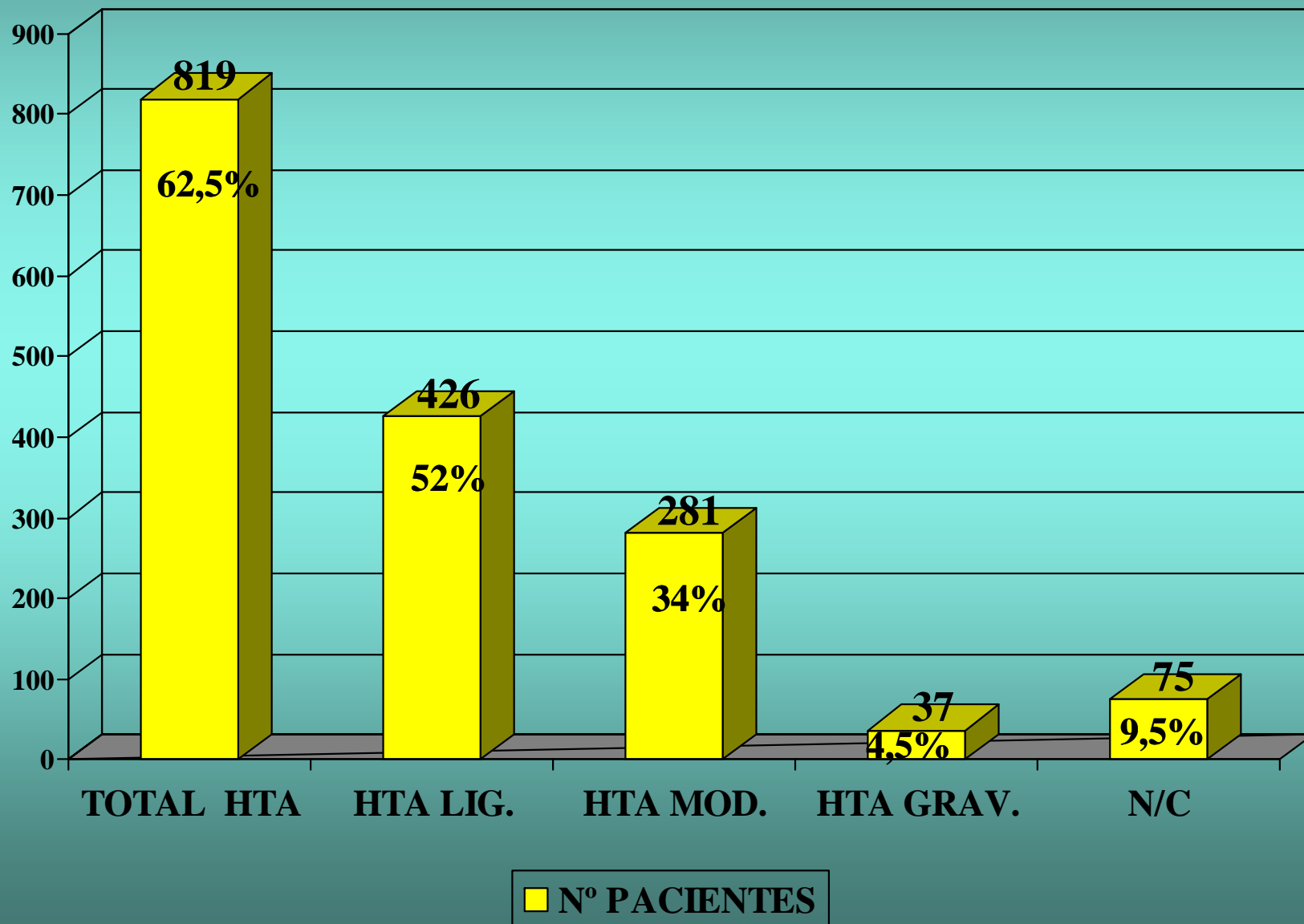


# ALBUMINURIA



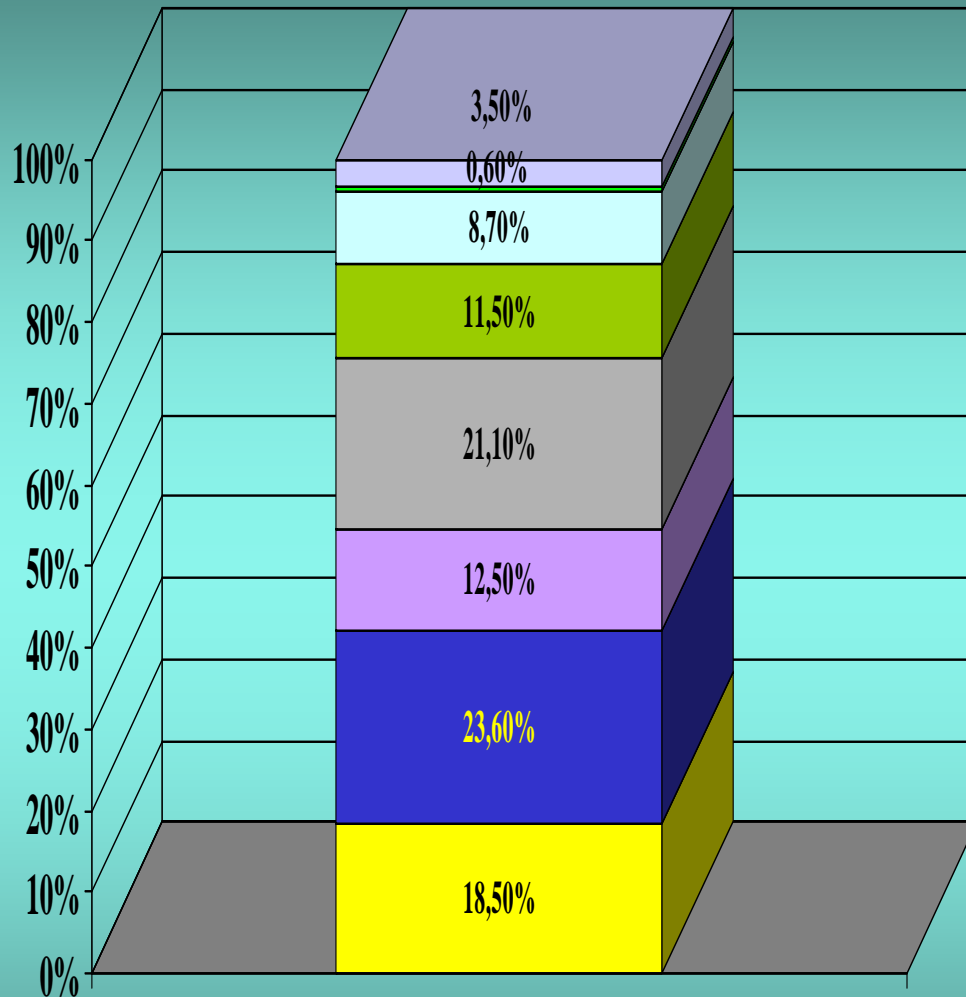
423 32,26% PACIENTES CON ALBUMINURIA > 31

# Nº DE PACIENTES POR RANGOS DE HTA

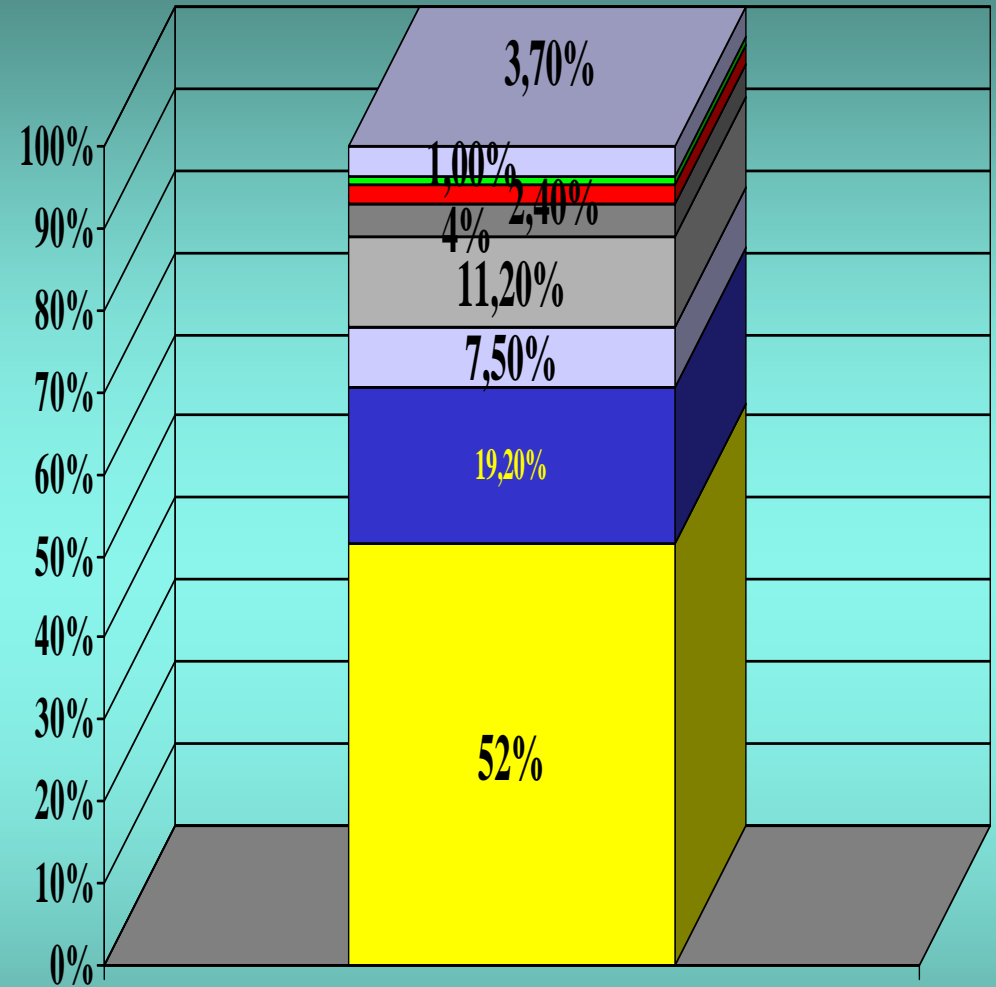


# T.A.S.

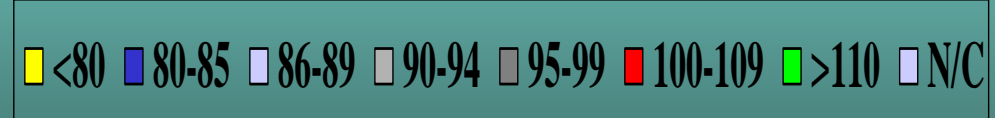
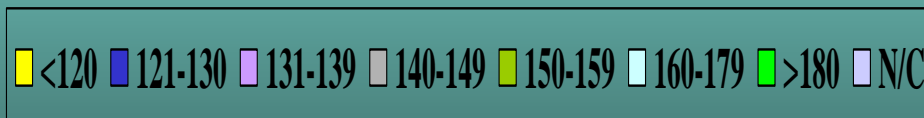
# T.A.D.



% PACIENTES



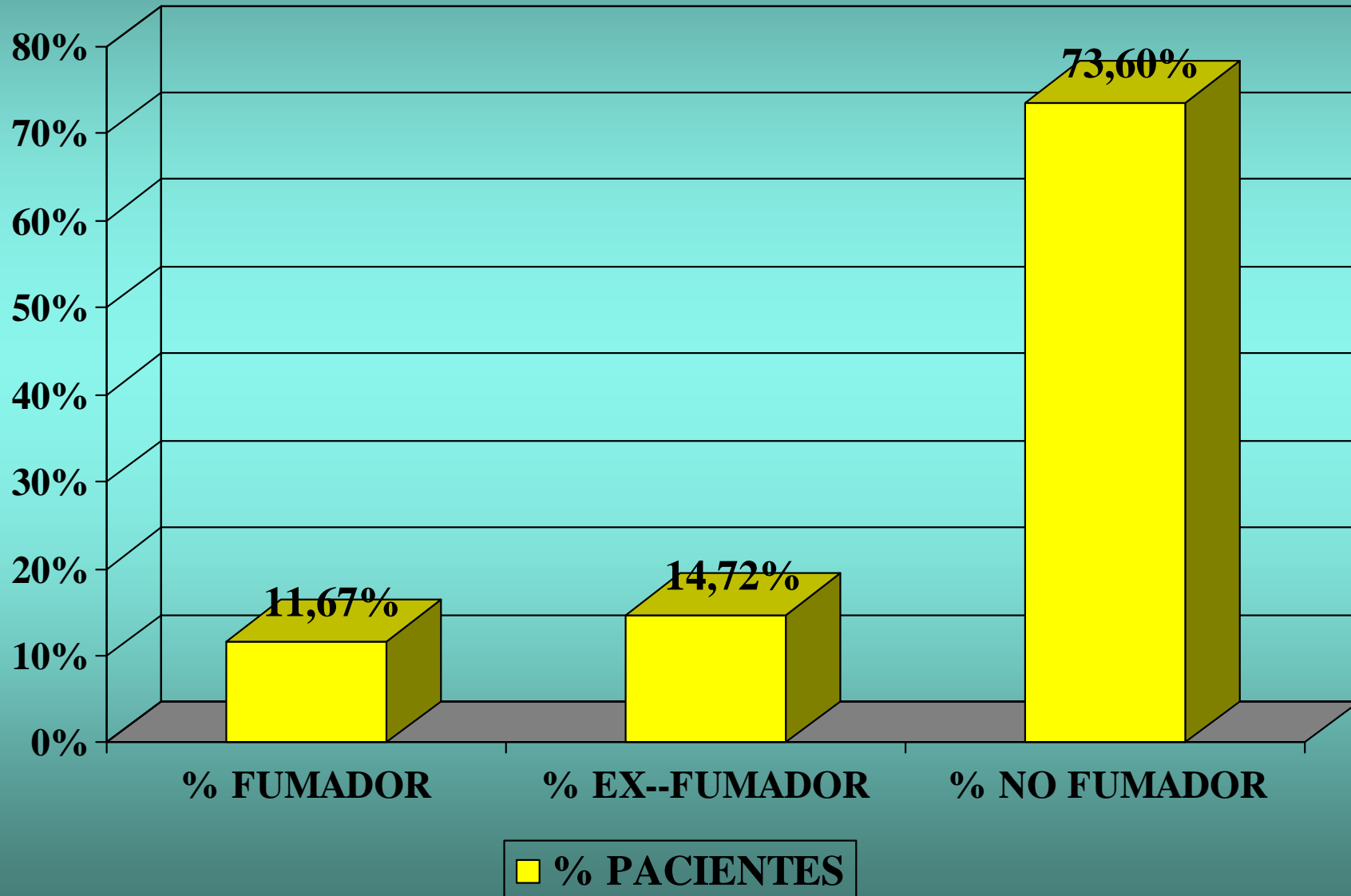
% PACIENTES



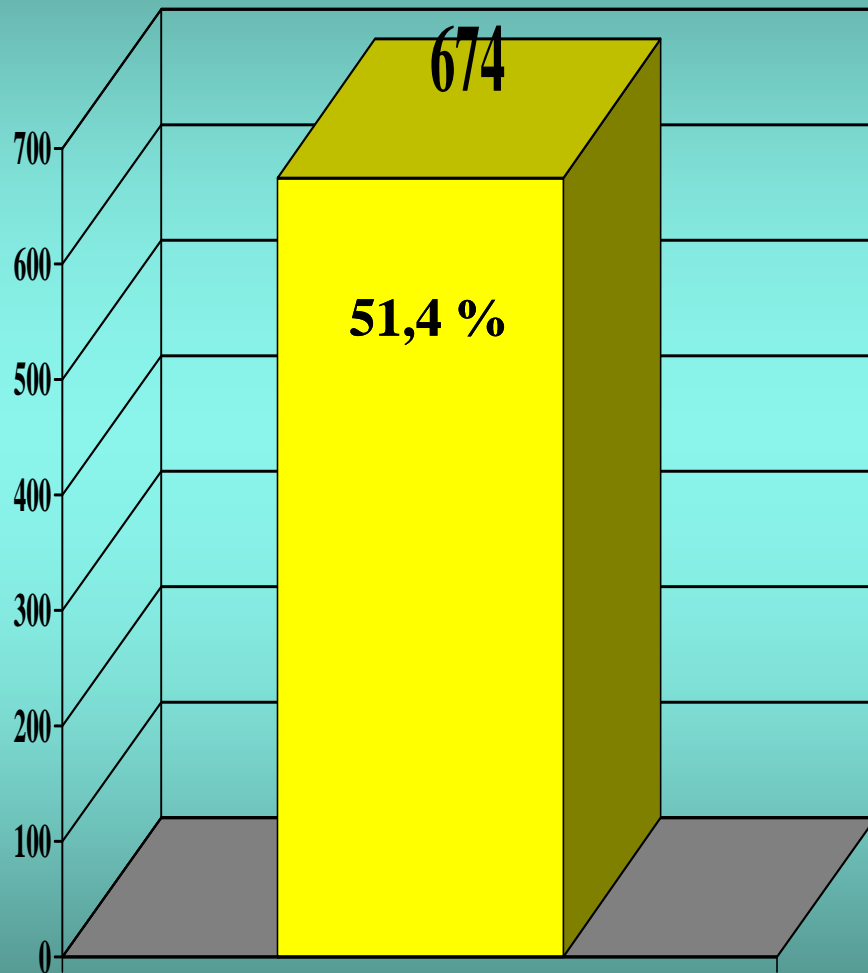
**712 / 54,3 % TAS > 130 mm Hg.**

**329 / 25,1% TAD > 85**

# TABAQUISMO

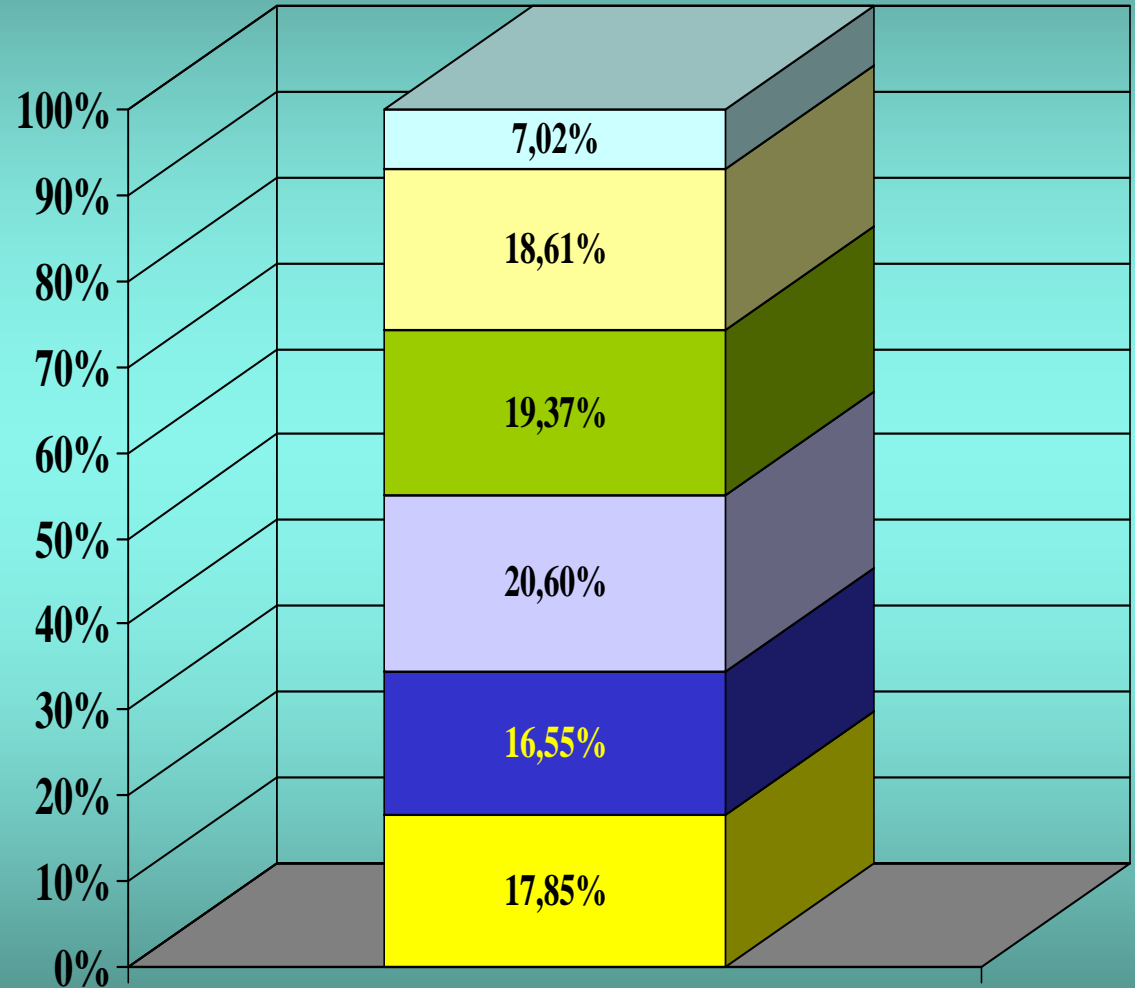


# PACIENTES POR RANGOS DE COLESTEROL TOTAL



**HIPERCOLESTEROLEMICOS**

■ Nº PACIENTES

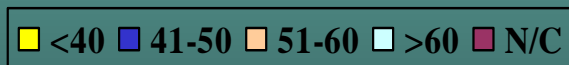
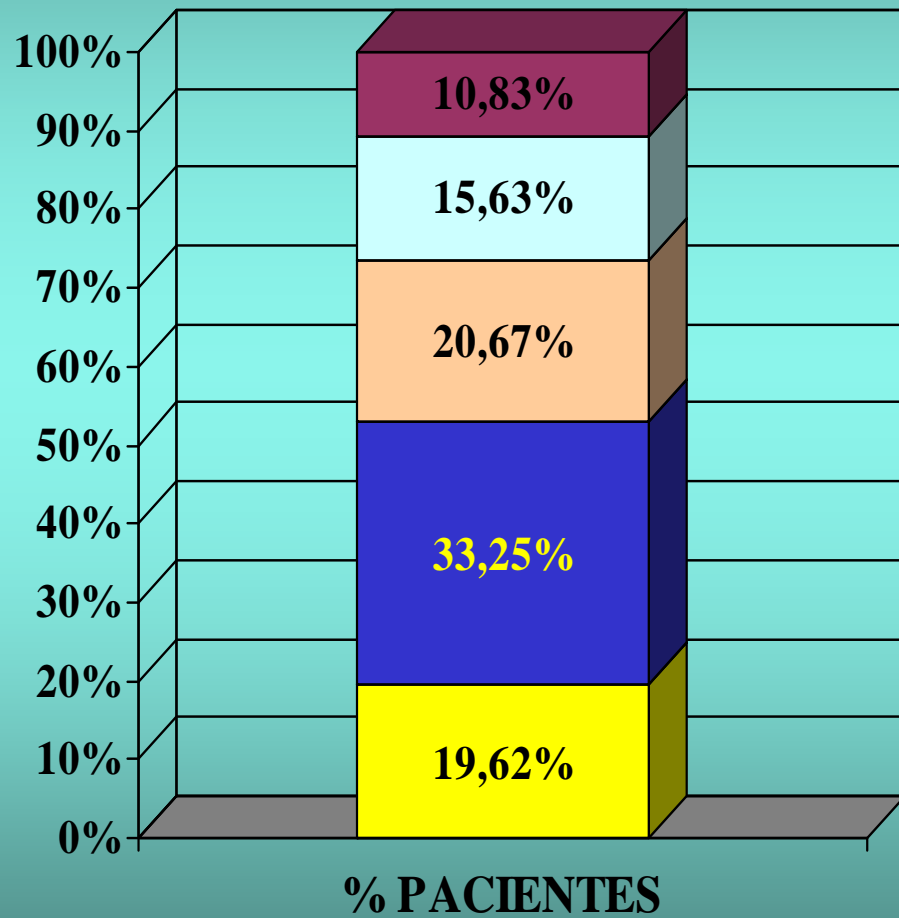


**% PACIENTES**

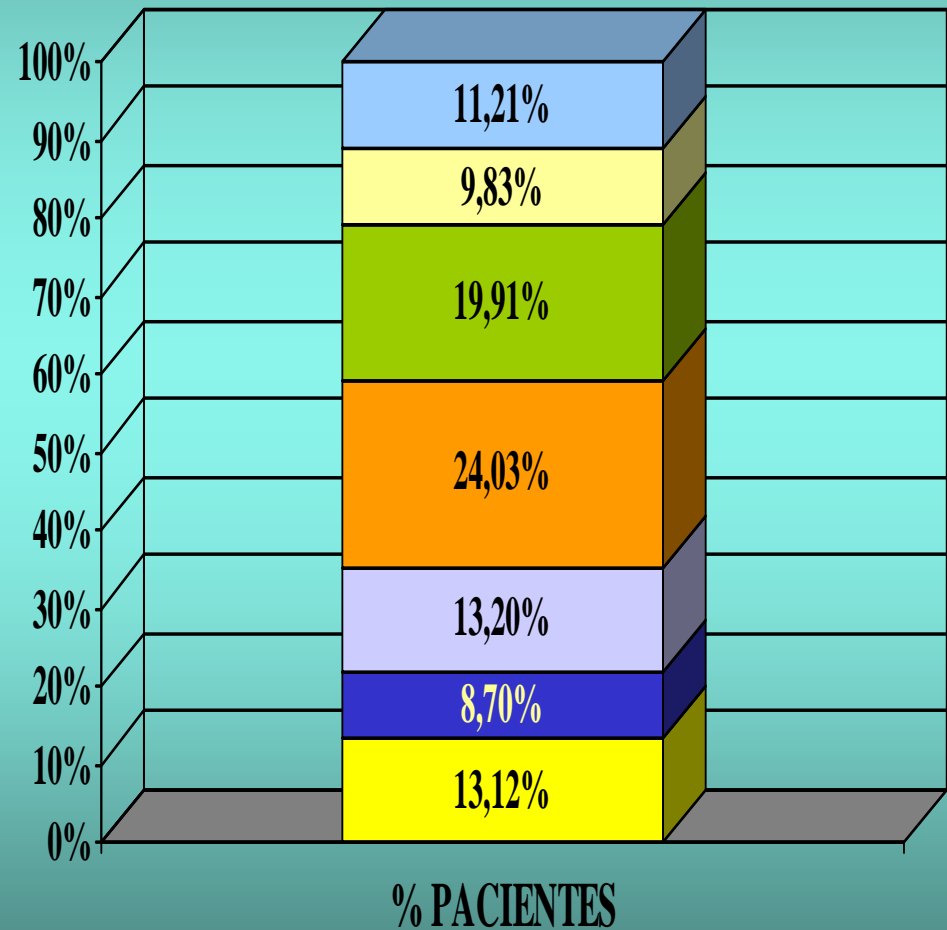


• **768 / 58,58 % CON CT > 200**

# HDL

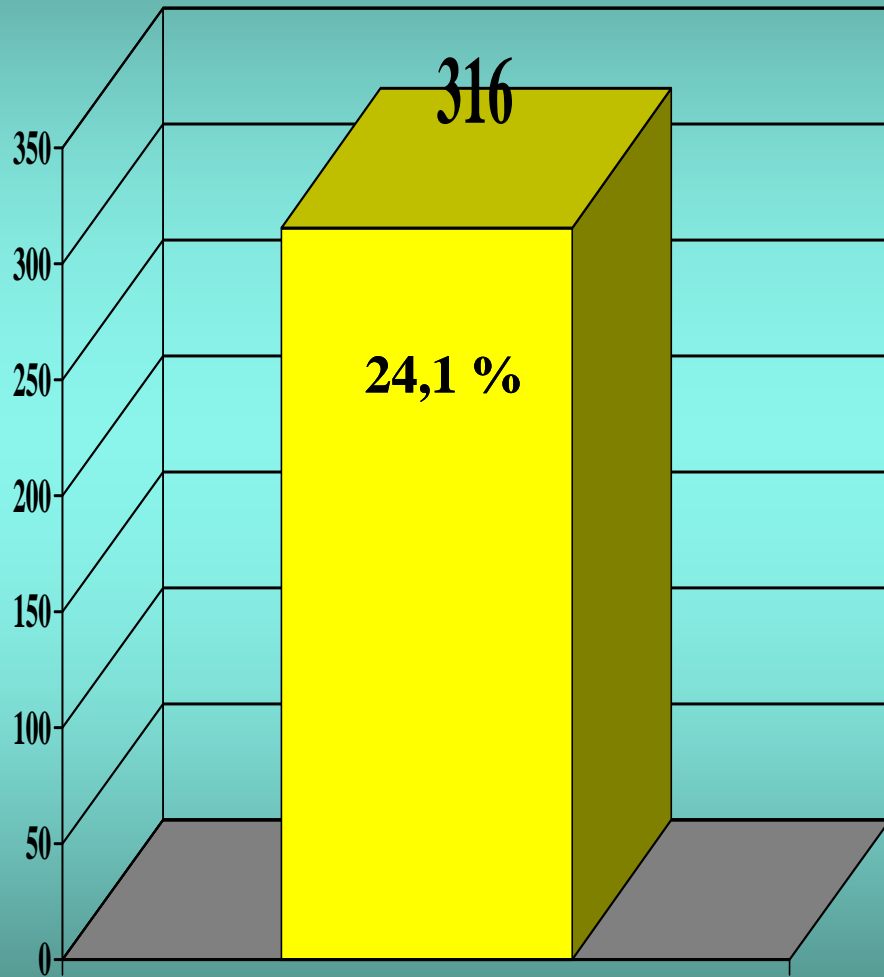


# LDL



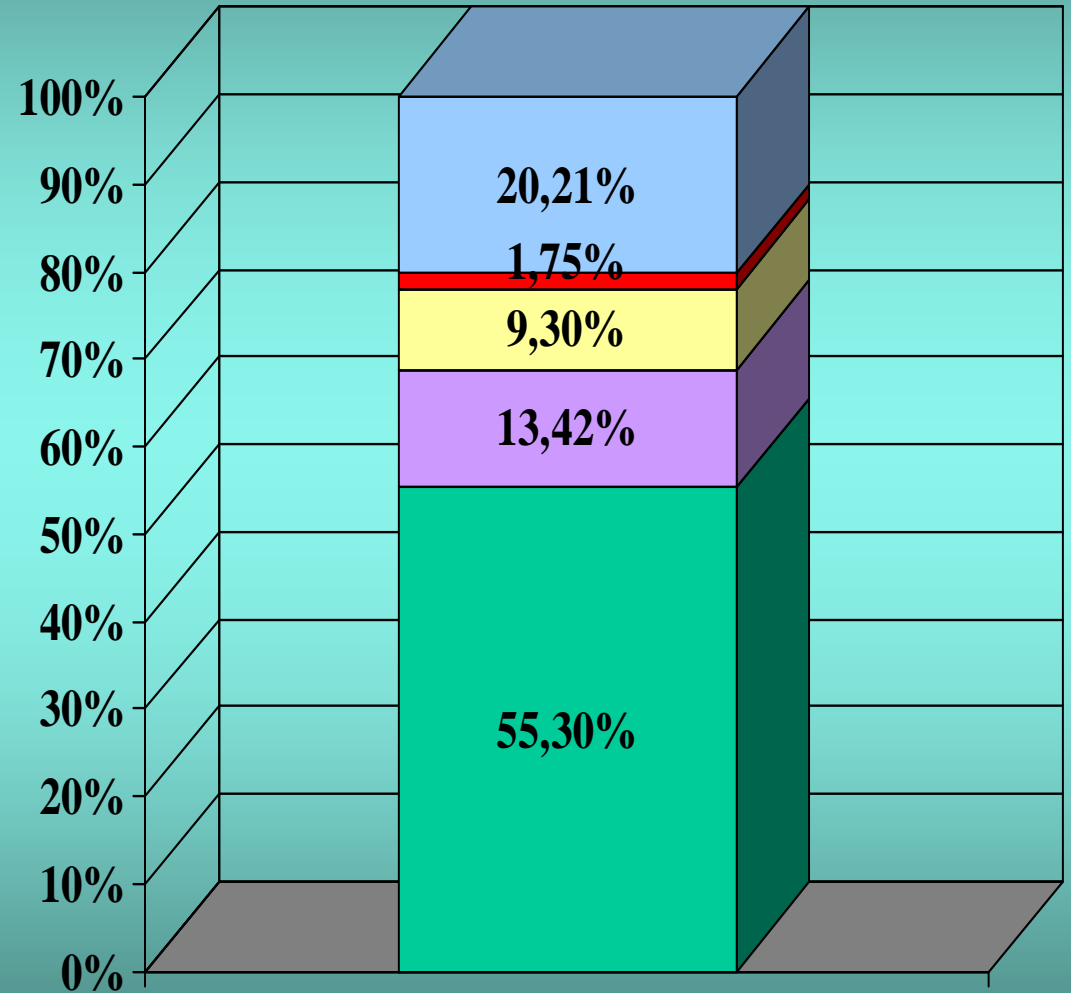
992 / 75,6% LDL>100

# HIPERTRIGLICERIDEMIA POR RANGOS



HIPERTRIGLICERIDEMIA

■ PACIENTES

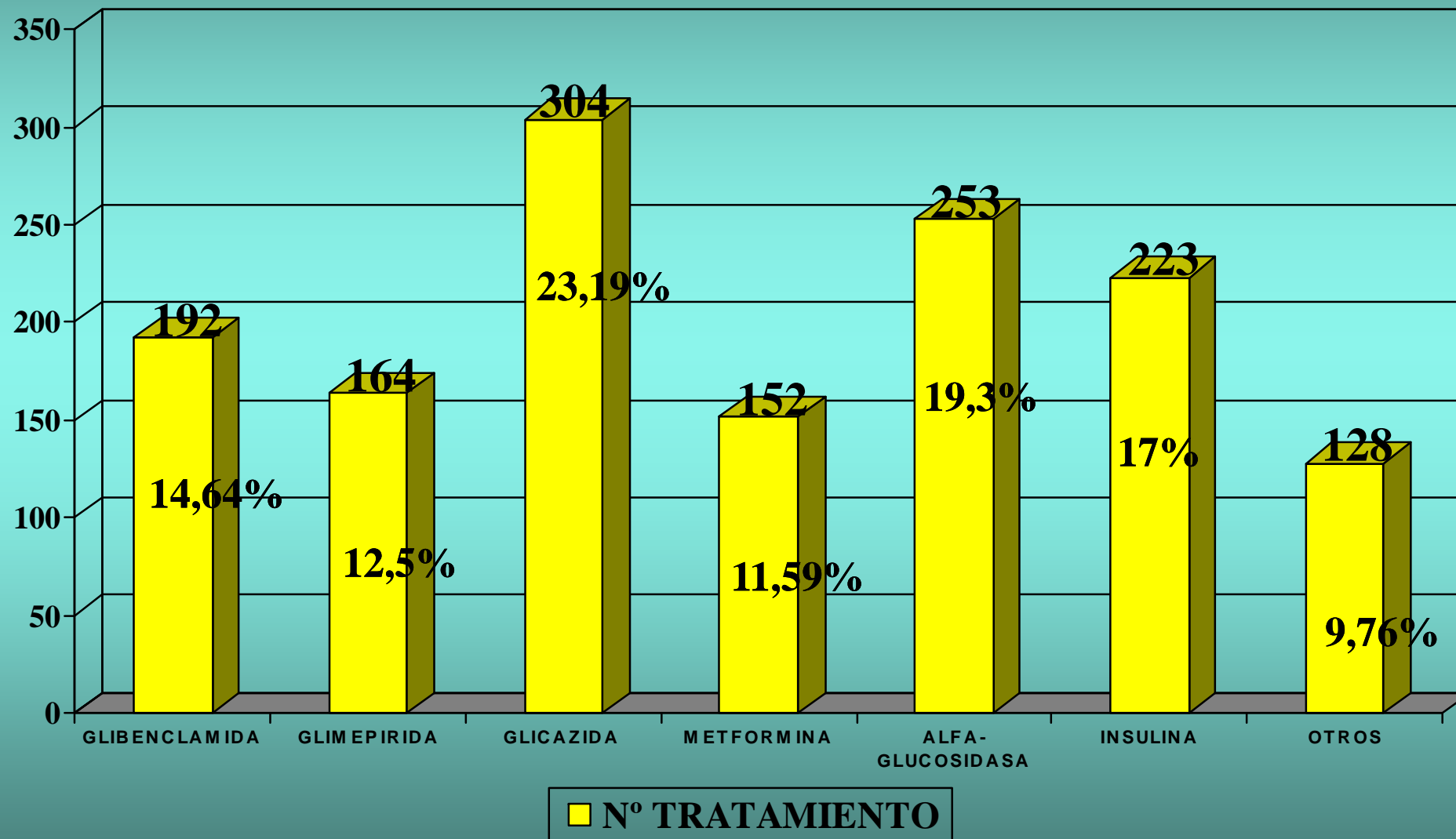


% PACIENTES

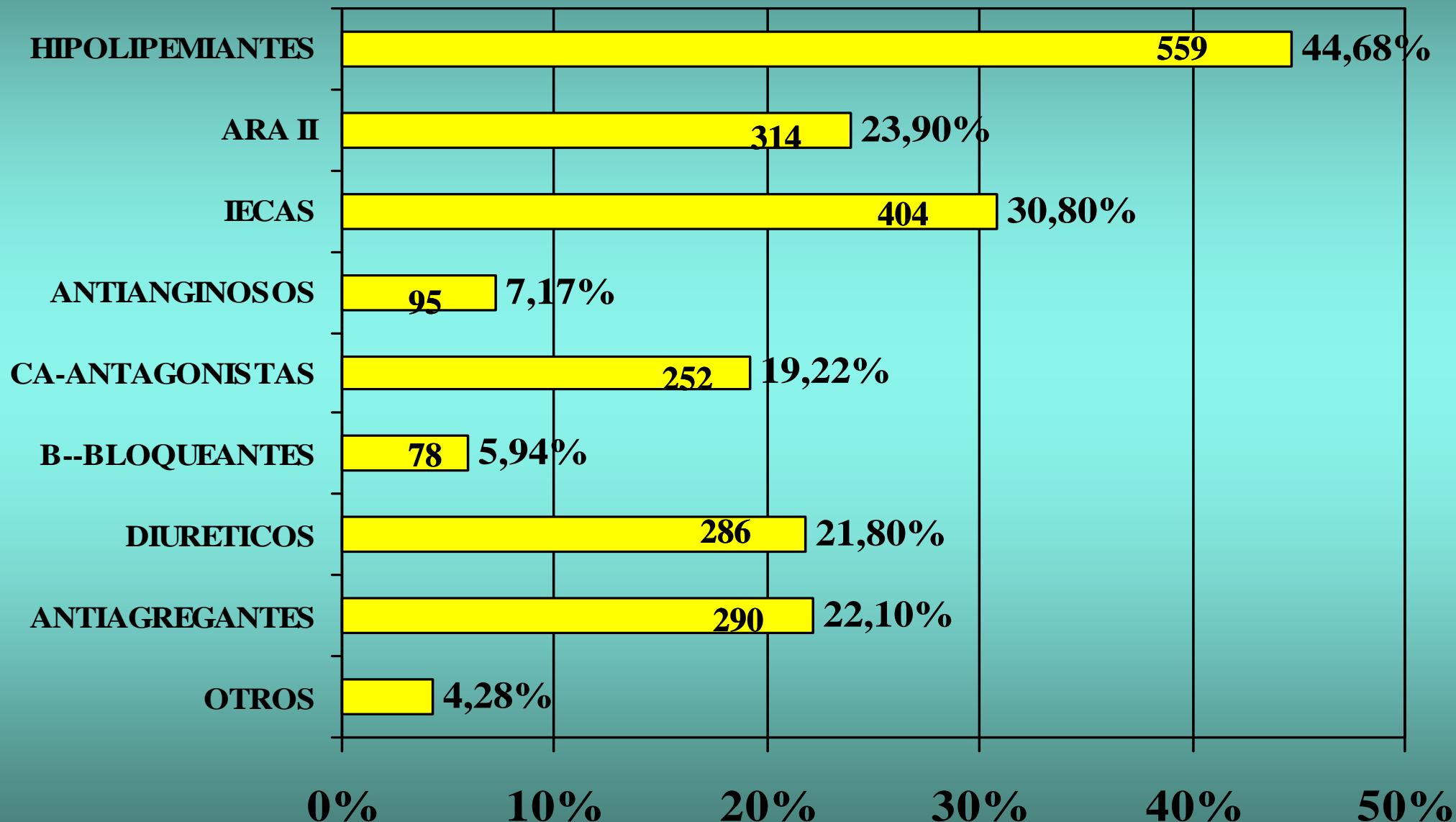
■ <150   ■ 151--200   ■ 201--400   ■ >400   ■ N/c

321 / 24,5% TIENEN HIPERTRIGLICERIDEMIA > 150

# ANTIDIABETICOS



# TRATAMIENTOS



■ PORCENTAJE

# CONCLUSIONES

- **LA DIABETES NO ES SOLO UNA ALTERACION DEL AZUCAR**
- **SE ASOCIAN FRECUENTEMENTE OTROS FACTORES DE R.C.V.**
- **EL CONTROL DE ESTOS FACTORES DE RIESGO ES MUY LIMITADO**
- **ESTO HACE QUE LOS DIABETICOS SEAN UNA POBLACION DE ALTO RIESGO VASCULAR.**
- **SON NECESARIAS ENERGIICAS MEDIDAS GENERALES Y FARMACOLOGICAS PARA ALCANZAR LOS OBJETIVOS RECOMENDADOS.**